

MARCH 12, 2023

CHURCH OF CHRIST



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SCHEDULE OF SERVICES

SUNDAY:

Bible Classes.....9:45 a.m.
Morning Worship.....10:30 a.m.
Evening Worship.....6:00 p.m.

WEDNESDAY:

Bible Classes.....6:00 p.m.

*Minister, John Keith
(304) 266-9027*

WELCOME!

We invite you to all of our services.

“...the churches of Christ salute you” (Romans 16:16)

DO NOT BE ANXIOUS

Matt. 6:31-34

INTRODUCTION:

1. The word refers to being drawn in opposite directions, to be *divided*, distracted (Phlp. 4:6; Josh. 24:15; 1 Ki. 18:21).
2. Anxiousness, “worry is an enemy of the mind”.
3. Why we worry largely comes down to the uncertainty involved in meeting expectations of others, and deciding whose expectations we choose to meet: our own, someone else’s, or God’s.
 - A. Living up to my own expectations will be either too easy, or impossible.
 - 1) Too easy because we set the bar ridiculously low;
 - 2) Impossible because we set the bar unattainably high.
 - B. Living up to someone else’s expectations can be elusive as well since this can be a very subjective standard; not clearly defined or understandable, and so causes great anxiety.
 - C. However, God’s expectations of us are absolutely fair, true, objective and clearly defined.
 - 1) We can know certainly what God expects of us and this knowledge removes all manner of anxiety.
 - 2) Even if we do become somewhat anxious we can turn to the Scriptures for help and get ourselves back on track (Psa. 119:65-66).

I. CONCENTRATE ON THINGS THAT ARE CALMING.

- A. We typically get out of life what we put into it. IF we constantly look for and expect bad things, we get what we’re looking for. Constant preoccupation with negativity will breed constant negativity.
- B. Paul’s Inspired Advice: (Phlp. 4:8).
 1. Lovely=pleasing, acceptable, agreeable, worth the effort to have and embrace
 2. Commendable = spoken in a kindly spirit, reputable—much nicer to think on these things

II. COOPERATE WITH INEVITABLE CONDITIONS.

- A. Conditions Don’t Always Meet Expectations.
 1. Joseph
 - a. Envied and sold by his brothers (Gen. 37).
 - b. Potiphar’s wife and imprisoned (Gen. 39).
 - c. Then, placed in a position to rescue and save his father and his brothers Gen. 41—49.

- d. When Jacob died, the brothers feared Joseph would punish them (Gen. 50:20).
2. Isn't this what Paul was saying? There is an obvious connection between anxiety and discontentment (Rom. 8:28; Phlp. 4:11; Heb. 13:5; 1 Tim. 6:6-10).

III. COMFORT OTHERS WHO HAVE COMPLAINTS.

- A. God of all comfort (2 Cor. 1:3-4).
- B. We Are Not Alone.
 1. Even when we feel lonely (**Psa. 139:7-12**).
 2. Though we be worried/anxious, we can help others in their gloom, as God has helped us.
 3. When we allow God to comfort us, we can share God's comfort w/ others.

IV. CONSTANTLY TRUST GOD WITH ALL CONCERNS.

- A. Trust in him at all times (Psa. 62:8).
 1. Jonah prayed from inside the whale.
 2. Jesus prayed in His times of deepest anguish.
 - a. In the upper room (Jn. 17).
 - b. In the Garden (Mt. 26:36f).
 - c. On the cross (Lk. 23:46).
- B. Trust in the LORD forever (Isa. 26:4).
 1. Trusting God to help us in not "passing the buck"; we still have to do something.
 2. God will not do for us what we cannot/will not do for ourselves, but He will help us to do what we need to do to help ourselves and others.

CONCLUSION:

1. "You are as young as your faith, as old as your doubt; as young as yourself confidence, as old as your fear;. as young as your hope, as old as your despair"— Douglas MacArthur.
2. Much of our anxiety will disappear when we finally and fully trust the Lord as we ought.
3. Life is fraught with uncertainty—uncertainty causes stress & anxiety. But...
4. God is Certainty!—He is the Constant in a world of variables.
5. We try to rely on ourselves but deep down we doubt, we are not sure we can do it (whatever "it" is), we need help! (Pro. 3:5).

Welcome!

We are thankful for your presence. To our visitors, please fill out one of the blue cards and place it in one the collection plates.

AM Bible Study: Colossians 3:20f.

AM: Be Not Anxious (att. 6:31-34).

PM: The Pride of Edom (Obadiah 1-4)

Wednesday Bible Study: Revelation 11:14f.

ANNOUNCEMENTS:

- **Rick Lambert's** oncologist said the chemo has significantly slowed the growth of the tumors. He will have 2 more sessions of chemo then more scans which will hopefully show shrinkage.
- **Karen Grove** had cataract surgery on Tuesday and developed an infection which required more surgery on Thursday.
- **Business Meeting** this afternoon at 5:15.

REMINDER:

- ❖ **Men's Day** at *Norval Park* on Saturday, March 18, 9 am—1:30 pm.
- ❖ Our *Gospel Meeting* will be May 21-25 with **Phil Grear**.
- ❖ Men's Encouragement Day here, October 7, 2023, with **Roger Rush**.

IN OUR PRAYERS: Diann Bachmann, Betsy Cook, Erma Endly, Mike & Karen Grove, Cathy Jackson, Bruce & Kim Johnson, Gary Jones, Rick Lambert, Jody Main, Carol Mitchell, Bev Singleton, Linda Steele, Helena Tewksbury, Jean Whitley, and Randy Yost.

SHUT-INS:
Debbie Jones,
Nancy Love,

FAMILY AND FRIENDS: **Weston Boulet** (great-grandson of Shirley Patterson), **Betty Cox** (Diann Bachmann's sister), **Melanie Harper**, **T.J. Hart**, **Trudy Kerby**, **Colleen Kiester** (Mo Smith's sister), **Bob Main** (Bill Main's brother), **Linda Potts** (Joyce Starrett's sister-in-law), **Kellie Price** (Richard Mayo's cousin), **Addy Reed**, **Rodney Reeves** (Erica Cunningham's father), **John Rockhold**, **Leatha Warner** (Erma Endly's daughter-in-law), the U.S.A., Ukraine and remember to pray for **one another**.

AM STUDY	SUNDAY AM	SUNDAY PM	WED. STUDY	GIVING (\$2,460)
36	56	33	22	\$2,762